



Camping de l'Atlantique,

Route de Mousterlin,
29170 Fouesnant, France

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GPS co-ordinates

Latitude: 47.8567

Longitude: -4.0206



Campsite Information

Camping de l'Atlantique, Fouesnant

Camping de l'Atlantique with its lovely family atmosphere is a long time Canvas favourite. The main attraction is the colourful water park with pools and huge chutes. The bar and terrace overlook the pools, and has a lively host of evening entertainment. The campsite is set amongst wooded farmland with direct access to a long, sandy beach.

Arriving at Camping de l'Atlantique

On arrival go to the Canvas reception, your Canvas couriers will be here to meet you between 16.00 and 20.00.

Early/Late Arrivals

Please note if you arrive before 16.00, your accommodation may not be ready. If you arrive between 20.00 and 22.00, you will find directions to your courier and/or accommodation at the Canvas reception. Arrivals after 10pm cannot be accepted on site. Please note that if you do arrive late and cannot be admitted onto the campsite, you have full responsibility for finding alternative off-site accommodation. A Canvas courier will be available on site from 09.00 the following day. Please telephone your couriers if you know that you are going to be late.

Reception

Reception is open daily from 08.45 to 20.00, everyday. There is English speaking staff at the reception.

Barrier

The barrier is closed between 23.00 and 08.00. Should you wish to depart early in the morning or arrive late at night please leave your car outside the campsite barrier. The barrier is operated by an access code which is valid for one vehicle only. This code will be given to you by your courier. If for any reason it is not please ask your courier for one.

Currency Exchange

There are a number of banks in Fouesnant where currency and traveller's cheques can be exchanged.

Safety Deposit Boxes

Safety deposit boxes can be rented at reception for a charge of €3 per day.

Telephone

There is two coin-operated phones on site, which can be found in the wooden cabin adjacent to the mini-golf.



Web/Email Access

This facility is available on-site in the campsite bar. A pass card is required for access and can be purchased from the campsite bar for €8.50 for 50 minutes.

Shopping

The on-site shop sells a range of basic groceries and fresh produce as well as fresh bread and croissants. The opening hours are 08.30 to 23.00 and 17.00 to 19.00 in low season. In high season it stays open until 13.00 in the afternoon and 20.00 in the evenings.

Washing and Toilet Facilities

Washing machines and tumble dryers (They are coin operated and it costs €5 for a wash and €6 for the drying machines), free hot showers, baby room, baby bath, wash cubicles with hot water and standard toilets.

Post

There is a post box on site, close to the campsite reception.

Eating and Drinking

Bar: The on site bar is open from 18.00 until midnight in low season and from 17.00 until 01.00 during high season (children under 18 must be accompanied by an adult). There is a television with satellite channels in the bar. The evening entertainment takes place in the evening. There is also a small pool-side bar which is open from 11.00 until 18.00.

Restaurant: The small modern on-site restaurant serves a varied menu. It is open from 18.00 until 22.00 in high season. The Restaurant does not open in low season.

Takeaway: A good selection of dishes are available including pizzas, burgers, chicken and chips, as well as a children's 'Happy Menu'. The opening hours are 17.30 to 20.30 in low season. These hours extend to 17.00 until 22.30 in high season. Please bring your own containers.

Entertainment

From mid-June onwards, the site organises a varied programme of entertainment including live music, cabaret, theme nights, cultural evenings, karaoke, disco nights, sports competitions and magic shows.

Recreation

Swimming: The pool complex has a main pool, a smaller pool, a children's pool, jacuzzi and two water slides. The complex and slides are open daily from 10.30 to 19.00. The water slides are open 14:00 to 18:30.

Cycling: Children's bikes and adults' bikes are available for hire on site. Customers can expect to pay around €8 per day for a children's bike and around €13 per day for an adult's bike. Please note that a deposit of €150 is required when you hire any bike.

Tennis: Tennis courts can be booked at the campsite reception for a cost of €8 per hour.

Mini golf: Available all season for €2 for up to two hours access.

Aqua aerobics: Aqua aerobics is available free of charge at 11.00 every weekday in high season.

Pool table/arcades: The bar is equipped with a pool table, fruit and arcade machines and pinball.

There is also a children's playground on site and facilities for table tennis, badminton, boules, football, volleyball and basketball. Customers are required to provide their own equipment - some may be available from the Canvas Games Chest.

Hoopi's Club

Hoopi's Club is available 6 days a week and is full of fun activities for all those aged between four and 11 including Parachute Games, Harry Potter Days and Water Games. Ask your Hoopi's courier for more details about the weeks programme or see the noticeboard outside Hoopi's tent.

Canvas Active

Canvas Active is available at Camping de l'Atlantique. Canvas customers have researched golf courses and walking routes in the local area. For further details please see the activities booklet, available to download from the Canvas Holidays website.

Disabled Facilities

This site meets the Canvas "Recommended for the Disabled" criteria.

Rules and Regulations

- Silence on site between 23.00 and 08.00.
- 10km/h speed limit on site.
- No driving on site between 23.00 and 08.00.
- No ball games are permitted on site except in the designated areas.
- Children must be supervised by their parents/adults at the swimming pool.

Local Information

Beaches

From the site, a short stroll through a wooded area and across the sand dunes will take you to a beautiful sandy beach. The nearby resort of Beg-Meil has two excellent beaches with children's clubs and sailing schools.

Previous Canvas customers have recommended the beach at Cap Coz as it is sheltered and good for young children. There is also a sailing and windsurfing school here.

Shopping

Supermarkets: There are branches of both Super U and Champion in Fouesnant. For a hypermarket you will have to travel a little further afield to either Géant Casino in Quimper or E. Leclerc in Concarneau. Champion is open Monday to Saturday all day until 8pm. On Sunday it closes at 13.00.

Souvenirs: There are several gift and souvenir shops in Beg-Meil, Fouesnant and Quimper. Quimper Faïence (glazed earthenware) which is inspired by traditional Breton designs, makes an unusual gift. The shop just behind Faïenceries HB Henriot factory at Place Bérardier in Quimper has an excellent selection.

Local Markets

Monday: Bénodet, Concarneau and Île Tudy.

Tuesday: Port la Foret (July and August 19.00) Loctudy, Pont-Aven, Trégunc and Guilvinec.

Wednesday: Combrit (Saint Marine) Quimper, Beg Meil (July & August), Trégunc and Lorient.

Thursday: Pont l'Abbé and Névez.

Friday: Fouesnant, Quimper, Concarneau and Névez.

Saturday: Quimper and Douarnenez.

Sunday: Le Fôret Fouesnant and Guilvinec.

The market in Quimper is held in the Halles de St Francis, on Saturdays the extra large market spills out onto the streets. Concarneau also has a daily covered market on Place Jean Jaurés, with Friday being the best day to visit.

Facilities

Petrol: There is a Shell station in Beg-Meil but fuel is cheaper at Super U in Fouesnant.

Chemist: Is on Rue de Cornouaille, opposite the Queen's pub. This chemist is open Monday to Saturday 09:00-12:00 and 14:00-20:00.

Bank: The Crédit Agricole on the high street in Fouesnant has a cash dispenser and is open Tuesday-Saturday from 08:45-12:15 and 13:45-17:15 (16:15 on Saturday) in low season. Open 09:00-20:30 in high season.

Post Office: The nearest post office is in Fouesnant at 15 Residence Du Parc D Arvor. It is open from Tuesday-Friday from 08:30-12:00 and 14:00-17:30; Saturday 08:30-12:00.

Tourist Information: There are several tourist information offices in the area including La Forêt Fouesnant (2 Rue de Vieux Port) and Concarneau (Ave Pierre Guégain). The tourist information in Fouesnant is open Monday to Friday 09:00-12:00, 14:00-19:00 and 09:00-12:00 on Saturdays.

Distances

Fouesnant:	5km (3 miles)
Bénodet:	13km (7.8 miles)
Concarneau:	19km (11.4 miles)
Quimper:	21km (12.6 miles)



Local Transport

Quimper has train connections to Vannes, Rennes and Nantes. SNCF buses from the Gare Routière opposite the train station serve most local coastal towns.

Doctor

Dr. Augustin, 18 Rue de Cornouaille, Fouesnant.
Tel: 02 98 56 05 05.

Dentist

Dr. Annick Mathis, 7 Rue Laonnet, Bénodet.
Tel: 02 98 57 08 08.

Emergency Services

There is a two-digit phone number for emergency services:

Police	17
Fire	18
Ambulance	15

Eating and Drinking

You may like to try these restaurants and bars, which have been recommended by Canvas customers and couriers in previous years:

Crêperie Capucine: In Fouesnant. A wide range of both sweet and savoury crêpes is available at this family-run establishment.

La Porte Au Vin: In Concarneau. Seafood platters are the speciality here and children are made very welcome with their own menu.

Hôtel de la Pointe de Mouterlin: In Fouesnant. This hotel restaurant is in peaceful surroundings and offers reasonably priced dishes.

Hôtel de Bretagne: In Fouesnant. The set menu is highly recommended here for quality and value. A children's menu is also available.

Auberge de Bon Cidre: In Fouesnant. Reasonably priced good quality set menus with local meat dishes, popular for families with children of all ages.

La Baguette d'Or: In Fouesnant. Recommended by customers and couriers as a break from French food. Vietnamese and Chinese food is served here.

Nearby

The town of Fouesnant makes a cider which is reputed to be the best in the world, visit the cider farm in Fouesnant, 'La Cidrie Séhédic.

The popular fishing port of Concarneau, the third largest in France, is eleven miles from site and is best visited in the afternoon or early evening. There is plenty to do in this charming port - visit the old harbour, the shopping arcade or take a tour around the city walls.

Out and About

The city of Quimper is the political capital of the region. There are many excellent shops here and the architecture is something to behold.

Worthwhile is a visit to the picturesque town of Pont-Aven, a popular haunt of painters. Make sure you visit the water mills, the artist's workshops (ateliers) and the riverside houses.

Bénodet: A charming town with a popular sandy beach and plenty of promenade cafés and seafood restaurants. It is joined by a bridge to Ste Marine, which offers spectacular views of the Odet Estuary and the marina. From the church, take a boat trip to the Glénan Islands - then take a glass bottom boat around the islands to enjoy the beautiful clear waters and see the amazing sea fauna.

Quimper: The cultural and political centre of the region has an air of dignity and prosperity that sets it apart from the lively coastal resorts. The old quarters have changed little over the centuries and the narrow streets of half-timbered houses can be visited on guided tours.

The Musée des Beaux-Arts displays paintings by the Pont-Aven school of artists and works by Rubens, Corot and Picasso (*A). The Musée Départemental Breton has a fine collection of costumes, pottery and furniture (*A).

The Celtic Festival de Cornouaille is held in late July. In nearby Ste-Anne-la-Palud one of Brittany's biggest pardons is held on the last Sunday in August.

Quimperlé: An attractive, atmospheric little town situated near the confluence of the rivers Ellé and Isole. Visit on a Friday for the delightful market and saunter around the maze of medieval lanes.



Regional Information

Brittany

Brittany is one of the most distinctive and beautiful regions in France, with a unique character and 1,200kms of coastline. In Breton it is called the land of Armor (the sea). Long beaches of soft sand and rocky headlands combine with a multitude of smaller coves, often with interesting rock pools. This is also the land of Argoat (the forest). The interior of the region is a captivating blend of forest and woodland, vast moors covered with yellow broom, purple heather and pasture.

Eating & Drinking – Regional Specialities

Brittany is, of course, famous for its pancakes (crêpes and galettes). Galettes are made with buckwheat flour and are eaten with savoury fillings. As a dessert, try a crêpe stuffed with fresh fruit or smeared with chocolate or kirsch. Quimper lace pancakes are a speciality. If you like fish and shellfish, Brittany is the best place to be. A delicious dish is homard à l'armoricaine, lobster flambéed in cognac and served in a tomato and wine sauce with onions, garlic and herbs. Try Coquilles St. Jacques, scallops in white wine sauce with piped potato, and Cotriade the regional fish stew. Don't leave without tasting the fabulous oysters from Belon near Pont-Aven.

There are many traditional cakes with butter (in generous measure), a prime ingredient of most recipes. Try the famous kouign-amann (a puff pastry cake layered with sugar), or quatre-quarts (a light sponge cake often mixed with fruit, almonds and raisins).

Cider, made from apples or pears, is the main drink, with the best coming from Fouesnant and Beg-Meil. Brittany also produces lambig a kind of brandy made from cider, and chouchen a honey-based mead.

Things to do and see

*A • An admission charge is payable for these attractions

Family Fun

Leisure Parks

Les Balneides • An indoor water centre. Choose from pools, slides (including the longest water slide in Brittany), saunas and Jacuzzis. Nr. Beg-Meil (*A). Please note that swimming trunks are compulsory.

Parc de Préhistoire de Bretagne • See the life-size scenes with dinosaurs and humans in various stages of evolution. The wooded park also has five lakes, ancient wells and slate quarries. In Malansac, off the D755, 35km east of Vannes (open daily, *A). Approximately two hours by car from site, head south on the N165 expressway, and exit at Vannes, direction Redon. The park can be found about 2km from the medieval village of Rochefort-en-Terre, just the other side of Malansac, off the D775. Open daily from 10.00 to 19.30 (last entrance time 17.30). All signs and information translated into English.



Odet Loisirs • Leisure park, found north-east of Quimper, on the D15 between Quimper and Coray, offering giant table football, slides, trampolines, bouncy castles, rope bridges, flying fox and a picnic area amongst a host of other activities. Previous Canvas Holidays customers have recommended this activity park as an excellent day out for all the family. Open every day in high season from 11.00 to 19.00. In low season, open Wednesday, Saturday and Sunday from 14.00 to 19.00. Customers can expect to pay €6.50 for a day pass for both adults and children.

Megaliths

Carnac • On the northern outskirts of Carnac you can see the 2,395 Menhirs that make up the three alignments. These standing stones point, with great accuracy, toward the points of the compass and indicate the solstices. Whilst in Carnac also visit the Musée de Préhistoire displaying artefacts representing life from Neolithic times to the Bronze Age (*A).

Outside Carnac, other sites of megaliths include:

Barnenez (eastern side of Morlaix estuary).

Lagatjar (Crozon peninsula, near Camaret).

Locmariaquer (east of Carnac).

Wildlife Attractions

Océanopolis • A fabulous crab-shaped aquarium and research centre, where you can discover a great variety of marine life. In Brest (*A). It is approximately an hour's drive on the N165 expressway on the northwest Brittany coast and is home to 60% of France's research into Marine life. Not only will you see thousands of fish, ranging from plankton to sharks, Océanopolis also has a Polar Pavilion with hundreds of penguins to entertain you, added to a Tropical Pavilion with a living coral reef!

There has been a huge effort made by this aquarium to provide environments for the animals which are as close as possible to their own natural environments. Open daily from 09.00 to 18.00 in low season and 09.00 to 19.00 in high season..

Parc Zoologique de Pont-Scorff • See the large collection of wild animals. Nr Pont-Scorff, 5km northwest of Lorient, off the RN165 (open daily, *A). The tour can last up to two hours long, indeed longer if you should decide to take in any of the free, regular displays. The enclosures are relatively generous; the viewpoints good enough to ensure a proper look at the animals and the farmyard animals can be fed by the children.

Previous Canvas customers have recommended it as a good activity for a cloudy day. In high season it is open from 09.00 to 19.00. In low season it is open from 10.00 until 18.00.

Places of Interest

Belle-Ile • Catch the ferry to this idyllic island in the lively spa town of Quiberon. On the northeast side of the island, Sauzon is a picturesque fishing port. You can see across to the Quiberon Peninsula and the Gulf of Morbihan from the Pointe des Poulains. If the keeper is available, climb the lighthouse near Port Goulphar to admire the views.

Pont-Aven • This village was home to Paul Gauguin who founded what has come to be known as the School of Pont-Aven. It is still as picturesque as it was then with its riverside houses, water mills and walks in the Bois d'Amour. The Musée de Pont-Aven (open daily, *A) houses a photography exhibition documenting the life and works of the artists. Take the Route of the Painters near Pont-Aven, which leads you to the tiny chapel in Trémalo and the woodcarving, which inspired Van Gogh's Christ Jaune.

Josselin • A picturesque medieval town on the River Oust. The turreted château is beautifully situated on the banks of the river and houses a doll museum. Nearby is the Forêt de Paimpont where Merlin was entrapped inside a stone. Legend has it that in times of drought if you pour water on the stone, it rains.

Locmariaquer • This pretty oyster port which guards the neck of the Golfe du Morbihan rivals Carnac in archaeological importance. Its main sites lie in a fenced compound north of the village. They include a huge menhir on its side. In Neolithic times it would have measured over 20m high and which now lies broken in four sections. Locmariaquer is a peaceful place with attractive south facing beaches and a pleasant old harbour from where you can embark on a variety of boat trips.

Lorient • Sunday is an ideal day to visit this pleasant town and take advantage of its bountiful weekly market. It also boasts the very attractive L'Amour Plage, and a wide choice of restaurants and bars. The revitalised dockland and modernised fish market at Lorient gives you an interesting walk around its vast harbour. Boat trips to Ile de Groix are a popular excursion from here.

Every effort has been made to ensure the information contained within this guide, to the best of our knowledge, is both helpful and correct at the time of going to press (March 2010). Canvas Holidays cannot accept responsibility for inaccuracies contained herein.