



### **Camping Holiday Green**

Route de Bagnols, 83600 Frejus, FRANCE

**T:** +33 (0)4 94 19 88 30

**F:** +33 (0)4 94 19 88 31

### **GPS co-ordinates**

Latitude: 43.485

Longitude: 6.7169



# Campsite Information

## Camping Holiday Green, Frejus

Camping Holiday Green rests in the heart of a 15-hectare pine forest combining the tranquillity of nature with an extensive range of modern facilities. The spacious emplacements are set on steep terraces, and there is a lively atmosphere on site. The site is located west of the Estérel Massif, a coastal Mediterranean mountain range providing a choice of awe-inspiring walking and cycling routes.

### Arriving at Camping Holiday Green

On arrival you should go to the campsite reception to register. You will need to take a passport for each member of your party and your holiday voucher. From here, you should then go to the Canvas reception. Your Canvas couriers will be here to meet you between 16.00 and 20.00.

### Early/Late Arrivals

Please note if you arrive before 16.00, your accommodation may not be ready. If you arrive between 20.00 and 22.00, you will find directions to your courier and/or accommodation at the Canvas reception. Arrivals after 22.00 cannot be admitted onto the campsite, you have full responsibility for finding alternative off-site accommodation. A Canvas courier will be available on site from 09.00 the following day. If possible, please telephone the campsite and let them know if you are going to be late.

### Reception

Open from 09.00 to 19.00 in high season and 09.00 to 12.00 and 14.00 to 18.00 in low season.

### Barrier

The barrier is shut between 23.00 and 07.00, during these times it is not permitted to drive on site. If you wish to arrive or depart during these times you will have to leave your car in the car park. The barrier is operated using a code, which you will receive from the campsite reception upon arrival. It will cost €13.50 to obtain a code, this is non refundable.

### Currency Exchange

You can exchange currency on site at the main reception, a small fee is applicable. Please note that previous customers have found it difficult exchanging travellers cheques in the area.

### Telephones

There are pay phones on site, cards are on sale at the reception and newsagents.

### Web/Email access

You can access the internet on site at the bar / restaurant, for approx. €5 for 30 minutes. WiFi is also available on site

### Shopping

Camping Holiday Green has a well stocked supermarket that offers all necessities, including bread, meat, milk, ice creams, toiletries and wine. You can buy newspapers, phone cards and cigarettes at the newsagents. There is also a boutique for gifts and beach items. Shops are open from 08.00 to 12.00 and 16.00 to 19.00 in low season and 08.00 to 12.00 and 16.00 to 19.30 in high season.

### Washing and Toilet Facilities

There are washing machines and tumble dryers on site, washing costs €5 and drying is €3. Ironing facilities are available a deposit is necessary. The laundry can be found next to the boutique on site. There are also standard toilets and free hot showers.

### Post

Stamps are on sale at the newsagents. The post box is located at the campsite reception.

### Safety Deposit Boxes

Available for rent at reception for approximately €5 per day or €20 per week.

### Eating and Drinking

**Bar:** Holiday Green has a bar, which is open every day in high season from 19.00 to 23.00. Opening hours in low season will vary depending on demand. During high season there is often entertainment in the bar, including live music, karaoke and disco nights.

**Restaurant:** The restaurant is open from 19.00 until 23.00; please note that these hours might be changed according to demand. Please ask your couriers for details. Choose from steak, pizza, lasagne, moules (mussels) and many other Provençal dishes.

**Take-away/Pizzeria:** Open from 12.00 to 23.00 in high season, and 19.00 to 23.00 in low season. Available are pizzas, hamburgers, chips, mussels and much more.

### Recreation

**Swimming:** Camping Holiday Green has two swimming pools, one of these is covered and heated, the other has a children's pool, waterslide and a large sun terrace. Open from 09.00 until 19.00. Please note that shorts are not allowed in the swimming pool.

**Tennis:** There are four tennis courts available on site. You can book them for €6 per hour in high season. Equipment is available to hire, prices start from €3.

**Table tennis:** The table tennis tables can be found in the games hall, and can be used free of charge all season.

**Archery:** Available on site, please ask your couriers for more details.

**Fitness Room/Jacuzzi:** Both of these are available on site for a small fee. The gym is open from 08.30 to 21.00. Needs to be booked at reception.

**Bike Hire:** This is available on site and both adults and childrens bikes cost from €10 per day or €50 per week. Child seats and helmets are also available.

There are also facilities on site for boules, football, aqua aerobics and sports tournaments. The campsite also organise swimming and tennis lessons - please ask on site for more information.

### Excursions

There are numerous excursions available from the campsite. Please ask your courier for more information.



### Rules and Regulations

- Silence and no driving on site between 23.00 and 07.00.
- 10km/h speed limit on site.
- Swimming trunks are compulsory in the swimming pool.
- BBQs are not permitted on site.

### Beaches

The coast is striking in its diversity. There are intimate coves and long open beaches of shingle, pebble and fine sand, often with a backdrop of exotic vegetation. One of the most beautiful beaches at the western end of the Côte d'Azur is undoubtedly L'Estagnol, nesting at the foot of the tree-covered Maures hills. This is a beautiful stretch of white sand, which looks out towards the Hyères islands on the horizon.

Other notable beaches are Le Lavandou, Cavalaire, Bonporteau, Gigaro, Ste Maxime, St Aygulf, and of course St Tropez, famous for its all-over tans. Further east are the sandy beaches of Menton, Antibes and Juan les Pins.

The closest beaches to site are at Frejus Plage and St Raphael, about 7km from Camping Holiday Green. In July and August there is a free shuttle bus from the campsite to the beach, but there is also public transport connecting the site with the beaches all year round.



# Local Information

## Shopping

The nearest large supermarket to the campsite is the 'Carrefour' hypermarket, on the way to Fréjus. It is open Monday to Saturday from 08.30 to 21.00 (until 22.00 from June-September) and Sunday (July and August only) from 10.00 to 21.00. In Fréjus there is also a Géant supermarket, this hypermarket is open from 08:30 to 21:00 Monday to Saturday and from 09.00 to 12.00 on Sundays (July and August only).

If you can't find what you are looking for at Géant try E.Leclerc in St. Raphaël, on Boulevard Aspe. There is also an Intermarche supermarket in Fréjus, on Quart Aqueduc Romain.

## Local Markets

**Monday:** Boulouris.  
**Tuesday:** St Tropez, Cannes, Roquebrune-sur-Argens, St Aygulf.  
**Wednesday:** Cogolin, Mandelieu-la-Napoule, Fréjus, Agay.  
**Thursday:** Port Grimaud, St Tropez, Mandelieu-la-Napoule, Ramatuelle.  
**Friday:** Ste Maxime, St Aygulf, Théoule-sur-Mer, Roquebrune-sur-Argens.  
**Saturday:** St Tropez, Mandelieu-la-Napoule, Cogolin, Fréjus.  
**Sunday:** Port Grimaud, Antibes, Cannes, Ramatuelle, Fréjus Plage, Saint Raphaël (Arts & Craft meeting at the seafront), Le Muy.



There are daily markets in Nice, Menton, Beausoleil, Grasse, Monaco, Roquebrune-cap-Martin, Hyeres and St Raphaël (Victor Hugo and Fish Market at the Old Port).

## Facilities

**Petrol station:** There are fuel stations available at Géant and Carrefour hypermarkets. Fuel is available 24 hours a day, but be aware that not all British credit cards work in the French pay-at-the pump system.

**Chemist:** The nearest pharmacies can be found in Fréjus, or on the Route de Bagnols towards the motorway.

**Cash dispenser:** There are plenty of cash dispensers in the centre of Fréjus and Saint Raphaël.

**Bank:** Crédit Agricole is in the centre of Fréjus. It has a cash dispenser and you can exchange money here. There are also several banks in St. Raphaël. Please note that previous customers have found it difficult to use traveller's cheques in this area.

**Post Office:** In the centre of Fréjus, it is open from 09.00 to 12.00 and 13.00 to 17.30. Closed on Sundays.

**Garage:** There is an English speaking garage in the Centre Commercial du Pin de la Legue, on Route de Bagnols. It offers a 24 hour service.

**Tourist information:** Pick up leaflets and get more local information from the tourist offices in Fréjus or St. Raphaël.

**Internet access:** There are several internet cafés in Port Fréjus and Saint Raphaël.



## Distances

**Fréjus:** 12km (7mils)  
**Agay:** 23km (14mils)  
**St Raphael:** 14km (8,6mils)  
**Cannes:** 44km (28mils)

## Local Transport

There is a train station in Fréjus, which is served by the Marseille-Nice-Ventimiglia (Italy) main line. However there are only few trains stopping here. The station of St Raphaël is served a lot more frequently, with trains to Nice or Marseille leaving up to every 30 minutes. The bus from outside the campsite serves the St Raphael station as its final destination.

In St Raphaël there is also a large bus station, located just next to the train station, from where you can catch buses to all towns in the local area. Please note that the roads can get very busy, so public transport is sometimes a quicker and more convenient option.

## Doctor

The campsite has a doctor on call at all times, please contact a member of staff or the security guard to call the doctor for you. Remember to take your European Health Card along to all appointments.

## Dentist

The staff at the campsite reception will be happy to book appointments for you, please contact them if required.

## Emergency Services

There is a two-digit phone number for emergency services:

Police	17
Fire	18
Ambulance	15

## Eating and Drinking

You may like to try these restaurants and bars, which have been recommended by Canvas customers who have visited the Cote d'Azur in previous years.

**Bar du Marche:** In Fréjus. Good 'people-watching' terrace and enormous pizzas.



**La Soupiere:** In St Aygulf. A popular restaurant specialising in fresh fish. Also serves pizzas and traditional French dishes.

**Templiers:** In Roquebrune. Serves superb food at reasonable prices in a lovely atmosphere. A great village setting.

## Activities

Watersports are the most popular activity, a wide range of facilities are available on the beaches of Fréjus and St Raphaël, including pedaloes and canoeing, water-skiing, scuba diving, sailing and speedboat hire. For a variety of watersports and a great day out, head towards Port Grimaud, located in the bay of St Tropez, where you will find numerous companies offering activities.



## Nearby

**St. Raphaël** • With miles of sandy beaches and five different harbours, St. Raphaël is the ideal place for watersports enthusiasts. Along its coastline you can discover sandy beaches, creeks and inlets, all carved out of the famous red rock of the Esterel Mountains. The centre of St Raphaël, along the town's main beach, is always busy with lots of cafés and outdoor markets. There are plenty of bars and restaurants for night out.

**Fréjus** • Fréjus is a very popular summertime tourist town, although the centre of town is a couple of kilometres from the beaches. The centre of town is compact, with lots of shops, pedestrian streets, and in the summer, lots and lots of people. The cathedral in the centre is built of lovely old stone and is set in a pretty square. The entrance to the cloisters is inside the Cathedral entrance.

**St Tropez** • Saint Tropez is a popular artists haunt, and since the 50s and 60s has also attracted celebrities from the world of culture, literature and cinema. The famous names affirm St Tropez' legendary reputation as a place for an expensive lifestyle and as a party town, and today it is a major tourist attraction. It is still a good spot for some celebrity spotting! Although some fishermen still remain today, the port now also welcomes large sailing boats and hosts numerous regattas that bring together the worlds finest yachts.

**Roquebrune** • Just a short drive away, this pretty hilltop village has plenty to offer, including a number of churches and chapels, street cafés and wonderful views.

# Regional Information

## Côte d'Azur

This area is renowned for its wonderful climate. Its southerly location and the protective backdrop of mountains combine to produce good temperatures all year round. The scenery is very diverse. To the west lie the marshy lakes and lagoons of the lower Rhone valley and the Camargue salt flats, home to white horses, black bulls and pink flamingos. Eastwards the terrain changes to rolling hills, steep gorges and mountains, interspersed with fertile plains. Pine and cork trees crown the hills of Provence, and on the slopes of the Côte d'Azur tropical vegetation includes an abundance of orange, eucalyptus and mimosa trees. The coast, from Marseille to the Italian border, is one of the most beautiful in Europe with rugged headlands and wooded coves.

### Eating & Drinking – Regional Specialities

Cooking in the region is generally à la provençale, which means that it includes garlic, olive oil, olives, tomatoes and herbs. Fruit, spices and vegetables are abundant and can be bought fresh at local markets. Tomato, aubergine and courgette stewed together, along with green peppers, garlic and herbs produces a favourite Provençal dish, ratatouille. You will also find pasta dishes such as ravioli and canelloni, as well as gnocchi a type of potato and flour dumpling. This area is home to some splendid fish soups. A regional speciality is bouillabaisse, made with a variety of fish and shellfish, seasoned with garlic and herbs. The local wines are the Côtes de Provence, of which the best known are the light and refreshing rosés. The reds of Bandol are smooth and full, and Cassis produces a refreshing, dry, white wine. For an aperitif try the aniseed-flavoured pastis, the Riviera's favourite drink.

### Things to do and see

\*A • an admission charge is payable for these attractions.

If you are planning to visit several museums and monuments it is worth buying La Carte Musée, which entitles you to unlimited admission to many museums and other sites in the Côte d'Azur. Tickets are valid for three or seven consecutive days and are on sale at participating museums and monuments and Tourist Information Offices.

## Family Fun

**Aqualand** • A water park with slides, toboggans, pedalos, playgrounds and much more. (Customer Tip - worth a trip for teenagers and older children but be prepared to wait in queues for the rides.) In Fréjus. (Open daily. \*A).

**Marineland** • A huge leisure park in Antibes containing: Marineland, with aquariums, dolphin shows, and a marine museum; La Jungle des Papillons, with exotic butterflies and an insectarium; La Petite Ferme with farmyard animals for children to pet; and Aqua-Splash, the biggest water park on the Riviera (All open daily. \*A for each). The park also includes mini golf in an adventure setting with waterfalls and caves (\*A).

**Village des Tortues** • This village is dedicated to the conservation of tortoises. They have over 2500 tortoises that you can watch in their natural habitat. In Gonfaron. (Open daily. \*A).

**Park Zoologique de Fréjus** • Walk or drive around this zoo amongst animals from all over the world. In Fréjus. (Open daily. \*A).

**Grottes de Baume** • These amazing underground caves, the most ornate in the area, are a 20 minute drive from Grasse. Guided tours are available in English. (Open daily \*A).

**Gorges du Verdon** • A superb natural canyon formed by the River Verdon cutting through chalky mountains. The cliffs plunge to 700m in places. The Grand Canyon runs from Rougon to Aiguines. There are roads running along both the north (La Rive Nord), and south (Corniche Sublime) of the canyon. To do justice to the dramatic scenery, allow



at least half a day for each side. There are specially constructed viewing points (belvédères) with fine views including the Point Sublime, which is not for those without a head for heights.

## Places of Interest

**Grasse** • A charming town situated in the hills behind Cannes. The sweet smell in the air comes from the perfume distilleries for which it is world-famous. Tours in English are offered by several of the perfume houses, including Parfumerie Fragonard, Molinard and Gallimard. The Musée International de la Parfumerie shows the history and manufacturing process of perfume and has an interesting collection of perfume bottles and advertisements (Open daily, \*A). The artist Jean-Honoré Fragonard was born in Grasse, you can see some of his work at the Musée Villa Fragonard. Nearby, the Musée d'Art et d'Histoire de Provence exhibits collections from archaeological finds to paintings by local artists (\*A).

**Iles d'Hyères** • These unspoilt islands are also known as the Iles d'Or (Golden Isles) after the golden colour of their cliffs. Porquerolles, the most westerly and largest of the four islands, is covered in rich vegetation. To the north you will find beautiful sandy beaches. The south side is steep and rugged. There are few cars on the island and the best way to explore is by bicycle. Boats leave regularly from La Tour-Fondue on the Giens peninsula, Hyères and Toulon.

**Antibes** • An attractive old town with narrow streets and a colourful market. Picasso lived and worked here - you can see a collection of his work at the Musée Picasso in the Château Grimaldi (\*A). Vauban, Louis XIV's military engineer, constructed the 17th century Bastion St-André. It now houses a museum, which exhibits a large collection of objects illustrating 4,000 years of regional history (\*A). From the Plateau de la Garoupe, the highest point on the Cap d'Antibes, you get a marvellous view of the surrounding area.

**Cannes** • Cannes is the "star" of the French Riviera, famous for the International Film Festival and the glitzy hotels, cars, beaches and visitors it attracts. The city of Cannes is centred on the old port, with the central part quite compact. The famous "Croisette" is the boulevard and the beach that extends around the bay to the east of the port, in the protected "Rade de Cannes". Out around the point at the west side of the port, the Boulevard Jean Hibert runs along the coast to the west, with even more fine sandy beaches.

**Nice** • The medieval feel and heritage has survived in the old town, despite modernisation in other areas, and here red tiled roofs overlook winding narrow streets. The town is the best place for shopping in the area, with many high street shops, local produce and of course the big designers, all present in the old town. The Promenade des Anglais stretches nearly 7km around the Baie des Anges. Strolling along it has been popular for over a hundred years, leading you past the sun worshippers on the shingle beach. The promenade comes to life as the summer sun descends and the nightlife comes into its own.

**Menton** • A resort town close to the Italian border, with all-year 'beach' weather and lemon trees. At the harbour you will find a small fort, which now houses the Musée Cocteau, exhibiting some fabulous examples of the writer, artist and filmmaker's work. The Salle des Mariages in the Hôtel de Ville (town hall) has vibrant wall paintings by Cocteau. To the east, the old town has a distinctly Italian flavour with narrow streets, arches, and houses bedecked with shutters. The square in front of the Baroque Église St-Michel hosts the Chamber Music Festival in August. Menton has some lovely gardens including the Jardins des Colombières to the east and the Jardin Biovès to the west. Close to Menton lies Roquebrune, a medieval village with steep winding streets and a 10th century château, which affords spectacular views along the coast to Monaco (\*A). About 200m beyond the village on the road to Menton, is a 1,000 year-old olive tree measuring 10m in circumference.

**Monaco** • Worth a visit if only to see the pink palace and the wonderful Musée Océanographique (see Family Fun). A guided tour of Prince Albert's Palace is available during the summer (open daily. \*A). Children might enjoy the Musée National with its collection of mechanical toys and dolls (open daily \*A). The casino in the district of Monte Carlo makes for a perfect end to an evening, but remember to take a jacket and tie if you want to play the tables. For a lightning tour of Monaco take the tourist train which takes you around the town giving views of the casino, the Palace, the port and some of the Grande Prix racing track.

*Every effort has been made to ensure the information contained within this guide, to the best of our knowledge, is both helpful and correct at the time of going to press (March 2010). Canvas Holidays cannot accept responsibility for inaccuracies contained herein.*