



Camping la Siesta,

C/ Chopitea 110-120, 17210 Calella de Palafrugell, Costa Brava (Girona), Spain

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GPS co-ordinates

Latitude: 41.8936

Longitude: 3.1822

Campsite Information

Camping la Siesta, Calella de Palafrugell

Camping la Siesta is idyllically located close to the beautiful scenery and spectacular beaches of the Costa Brava. The site is situated amongst pine forests, a fifteen minute walk up hill from the picturesque town of Calella de Palafrugell. The campsite has a fabulous pool complex, while a delightful sandy beach is just a short walk away. Here you can discover plenty of coves where you should find a secluded spot.

Arriving at Camping la Siesta

On arrival, go to the Canvas reception where your couriers will be available to meet you between 16.00 and 20.00.

Early/Late Arrivals

Please note if you arrive before 16.00, your accommodation may not be ready. If you arrive between 20.00 and 22.00, you will find directions to your courier and/or accommodation at the Canvas reception. Arrivals after 22.00 cannot be accepted onsite. Please note that if you do arrive late and cannot be admitted onto the campsite, you have full responsibility for finding alternative off-site accommodation. A Canvas courier will be available on site from 09.00 the following day. Please telephone your couriers if you know that you are going to be late.

Reception

The campsite reception is open from 08.00 to 23.00.

Barrier

The barrier closes between 00.00 and 08.00. Pedestrians are allowed to enter the campsite until 02.00.

Currency Exchange

Currency may be exchanged on site. There will be a commission charge for this service. There is also a cash machine on the campsite.

Safety Deposit Boxes

Available to rent from the campsite reception.

Telephone

There are coin/card phones on site.

Web/Email Access

Access to the internet is available on site at the bar.

Shopping

There is a well stocked supermarket on site, open daily between 08.00 to 21.00 in high season, and from 08.00 to 14.00 and 16.00 to 20.00 in low season.

There is also a bakery, plus shops selling souvenirs and a tabac on the campsite, which all have the same opening hours as the supermarket.

Washing and Toilet Facilities

Washing machines and dryers are available for a small charge. Free hot showers, standard toilets and baby room.

Eating and Drinking

Bar: The bar is open daily from 12.00 until 00.00 in high season. Times can vary in low season and may only be open at the weekends.

Snack bar: There is a snack bar on site, which is open daily from 12.00 to 00.00 in high season. Times can vary in low season and may only be open at the weekends.

Takeaway: The takeaway sells a variety of popular foods, including burgers, chicken and chips, and is open from 12.00 to 00.00 in high season. Times can vary in low season and may only be open at the weekends.



Fitness room: The site has a small fitness room that can be used.

Table tennis: There are table tennis tables on site. Equipment can be borrowed from the Canvas games chest.

There are also facilities on site for beach volleyball, football and basketball.

Canvas Active

Canvas Active is available at Camping la Siesta. Canvas customers have researched golf courses in the local area. For further details please see the activities booklet, available to download from the Canvas Holidays website.

Rules and Regulations

- Swimming trunks are compulsory in the pools.
- Pedestrians do not have access to the campsite after 02.00.
- There is a speed limit of 10km per hour on site.
- No fires of any kind are permitted.
- Washing of clothes only to be done in wash blocks.
- Silence between 00.00 and 08.00.

Restaurant: The popular restaurant is open daily from 13.00 to 16.00 & 19.00 to 23.00 throughout high season and only weekends during low season. It sells traditional Spanish and international dishes.

Entertainment

In high season, there are nightly family events such as cultural evenings, discos, live music and karaoke. During the day the on site animation team organise various sports competitions. Excursions are also organised. There is an organised excursions to Barcelona every day in high season and low season.

Recreation

Swimming: The fabulous pool complex offers two large pools for swimming, and a children's pool surrounded by a large sun terrace. The pools are open daily from 10.00 until 21.00, closes at 19.00 in low season. Please note that children need to be supervised by their parents in the pool, and that swimming trunks are compulsory.

Tennis: The court and equipment may be booked at reception and are available throughout the season.

Cycling: Bicycle hire is available from the campsite reception. Helmets are available.



Local Information

Beaches

There is a lovely beach in Calella de Palafrugell, just 300 metres from site. Nearby, Playa d'Aro, Palamós and Sant Feliu all have long sandy beaches and offer facilities for watersports, while S'Agaro is good for windsurfing. Further a field; the beaches at Sa Punta, Sa Riera, Aigua Blava and Tamariu are well worth a visit.

Shopping

Supermarkets: The nearest supermarket is Lidl, in Palafrugell, on Carrer de Torroella. Lidl is a budget supermarket selling all the basics and a limited choice of fresh produce such as meat and vegetables. The nearest hypermarket is Carrefour in Gerona. If you're planning a big shop its worth driving there because you can get virtually everything in this shop.

Souvenirs: Figueres tends to promote the souvenirs of Salvador Dali. L'Estartit and Palamos are more nautical due to their ports and Gerona, Palafrugell and Playa d'Aro are great for clothes shopping. La Bisbal is famous for its pottery and ceramics and has plenty of antique shops.

Local Markets

Monday: Torroella de Montgri and Cadaques.

Tuesday: Palamós, Pals and Gerona.

Wednesday: St. Antoni de Calonge, Banyoles and Begur.

Thursday: L'Estartit, Figueres and Tossa de Mar.

Friday: La Bisbal, Playa d'Aro and Port de la Selva.

Saturday: Gerona and evening market in Palamós (high season).

Sunday: Rosas, Palafrugell and L'Escala.

Please remember that markets in Spain are only open for the morning. Stalls are set up from around 07:00 and close down around 13:00.

Facilities

Petrol: The nearest petrol station is 1km from site, just off the dual carriageway. Open from 08:00 to 21:00.

Chemist: The nearest chemist is Farmacia / Ortopedia Frigola in Calella de Palafrugell. The flashing green cross hanging outside easily identifies chemists. Open from 09:00 to 13:00 and 16:00 to 17:00.

Bank: There is a cash dispenser on site, or there are several banks in Palafrugell and Calella.

Post Office: The nearest post offices are located in Palafrugell, Torroella de Montgri and Playa d'Aro. They are generally open Monday to Friday from 09:00 to 12:00.

Tourist Information: The Oficina de Turisme is in Calella de Palafrugell, 300 metres from the campsite.

Distances

Palafrugell: 4km (2.5 miles)

Palamos: 13km (8 miles)

Gerona: 56km (35 miles)

Figueres: 59km (37 miles)

Local Transport

The nearest train station is Flaçà (around 30km away), with connections to Gerona and Barcelona. There is a bus service on the main road outside the campsite, just 50 metres away.

Doctor

A doctor visits the site from 7 July. Alternatively, there is a medical centre in Palafrugell, 3km away. Please enquire at reception for further information.

Dentist

There are several dentists in Palafrugell, 3km from site.



Emergency Services

There is a three-digit phone number for the emergency services:

General Emergencies:	112
Fire:	085
Ambulance:	085
Local Police:	092

Eating and Drinking

You may like to try these restaurants and bars that have been recommended by Canvas customers who have visited the area in previous years:

El Gotim, l'Escala. This small restaurant has a pleasant atmosphere. The reasonably priced menu is highly recommended.

Petit Bar, Palamós. If you like fish and seafood then this is a good suggestion. The restaurant serves platters and small portions of the food, so everyone can have a taste of everything. Reasonably priced.

L'Espardenya, Ca l'Anselm, Palamós. A good value and children friendly restaurant.

Can Jordi, Playa d'Aro. This restaurant serves traditional Spanish food at reasonable prices.

Cafe 66, Playa d'Aro. A Mexican bar and restaurant, recommended by past visitors.

Restaurant Marisqueria, Playa d'Aro. On the seafront, fresh seafood dishes at reasonable prices.

Sant Luis, Playa d'Aro. Lively restaurant with a great atmosphere. Tasty local dishes including a three-course menu with wine and bread at €20.

Nearby

Drive the coastal road from Sant Feliu de Guixòls to Lloret de Mar. Palamós is located eight miles from site. Its enormous bay is an ideal spot to watch impressive sunsets. Calella de Palafrugell has attractive low buildings strung Aegean-style around

a bay of rocky coves and small beaches. Visit the narrow streets of Tossa del Mar, home to many quaint shops, small bars, restaurants and artists shops, overshadowed by the 'Villa Vella'. Pals is a fortified medieval village. From the hilltop vantage point, enemies could be seen approaching by sea or across the plain. The village has been completely restored and is a wonderful example of medieval architecture.

Activities

The fantastic beaches and coves offer a variety of beach and water sports. Beach volleyball, pedalos, kayaking, 'banana boats', parasailing, scuba diving or snorkelling are just some of the nautical activities available. Jeep and quad bike safaris, horse riding, paintballing, skydiving and go-karting are also widely available around the Costa Brava.

Visit the famous Illes Medes Marine Park Conservation area from L'Estartit port. From here you can try scuba diving, snorkelling or travel on a glass bottomed boat. La Sirena Boat Excursion Company or the Nautilus glass bottom boat are based at the port of L'Estartit, and have an excellent reputation and offer some of these activities.

Family Fun

For some family fun, visit the Aquadiver water park in Playa d'Aro, which has river rapids, huge toboggans, a children's area and kamikaze slides - guaranteed fun for all! Visit the ever-popular 'Marineland' in Palafròls. Offers a selection of waterslides and pools and dolphin and sea lion shows, a mini boating lake, mini-zoo and a terrific 'Birds of Paradise' show.



Regional Information

Catalonia

Sheltered by the Pyrénées, this region borders the Mediterranean and occupies north-eastern Spain. Catalonia enjoys a dry, sunny climate and has a rich variety of natural beauty. The coastal region of Catalonia is the main tourist area with over 400km of coastline.

Eating and Drinking – Regional Specialities.

Paella is a typical dish, sometimes eaten as a very filling hors d'oeuvre before the main course. An alternative to a heavy lunch or for supper is tapas, small savoury snacks laid out on bar counters for example; squid, olives, prawns, anchovies, cold ham, tomato or potato salads and tortilla (potato omelette). Catalonia's excellent gastronomy is characterised by seafood and rice dishes and wonderful wine.

Things to do and see

*A • an admission charge is payable for these attractions.

Family Fun & Days Out

Aqua Brava • A fabulous water park with giant slides, rafting, a pirate boat, mini toboggans and jacuzzi. Bahia de Rosas (Open daily, *A. Free for children under 0.8m).

Aquadiver • Great day out for children at this leisure park, with pools, slides, an adventure lake, wild river, hydrotherapy pools and a children's 'games' lake. Near Playa d'Aro (Open daily, *A).

PortAventura • A great adventure for all. Travel through five different 'themed' lands in this immense theme park. Plummet at a breakneck 110km/h on the Dragon Khan, or steel yourself to cross the threshold of Templo del Fuego. Experience live shows, where you can chase the intrepid bandits of the Far West at Fort Frenzee or give yourself over to the magic of Fiestaventura.

PortAventura, Costa Caribe • At Costa Caribe enjoy a magnificent, aquatic adventure in the purest Caribbean style, with pools, slides, palm trees. Plus it has an ample heated pool area that makes it ideal for having a great time in the cooler months. Near Salou, on the N340 (Open daily, *A).

Marineland • A large pool and water slide leisure centre with many attractions including a Dolphinarium, small zoo, boating pool and playground. In Palafolls, between Blanes and Malgrat de Mar (Open daily, *A).

Barcelona Zoo • One of the most famous and best equipped zoos in Europe. Recent additions include a larger terrarium, and also the largest playground in Barcelona. Children will especially love the zoo – the animal inhabitants include bears, lions, zebras, alligators, hippos and kangaroos. (Open daily, *A). Children may also enjoy the fairground attractions in the Parc de Montjuïc and on the Tibidabo hill.

The Nature Park of Garrotxa • This is the finest example of Volcanic scenery in Spain, with more than 40 volcanic cones and 20 lava flows. There are many opportunities for walking and cycling day trips, or visit the towns of Castellfollit and Besalu.

Parc Güell • The most famous park in Barcelona. Designed by Antoni Gaudí, it is an enchanted park full of surprises and imagination. The famous winding mosaic benches and the Gaudí House-Museum border the park (Open daily, *A).

Museums

Museu Picasso • Three exceptional 14th century Gothic manors hold the collection of the great artist

Picasso's youthful works. In Barcelona. (Closed Mondays, *A).

Teatro Museu Dalí • Located in a converted theatre, complete with larger than life 'eggs', this is an opportunity to view Dalí's most marvellous works of art, including the 'Mae West' room and the incredible ceiling mural. This incredible building located in the stunning old town of Figueres is a must see - even if you're not usually interested in museums. Take your camera! (Closed Mondays, *A).

Museu de Futbol Club • The History of the F. C. B Museum (Barcelona Football Club) is the most visited museum in Catalonia. Housed in the Nou Camp Stadium, it includes an audiovisual room and access into the stands of the stadium (Open daily, *A).

Places of Interest

Barcelona • A vibrant, exciting city with a rich history and a host of attractions. The new town is characterised by wide tree-lined boulevards in direct contrast with the Barri Gòtic (Gothic quarter) and its narrow twisting streets. Here you will find the remains of old Roman walls and an impressive Gothic Cathedral. Leading from the port to the Plaça de Catalunya are the famous Ramblas, a tree-lined avenue with newspaper kiosks, flower stalls, bird-sellers, fortune-tellers, cafés, shops and restaurants. High street shoppers will love Barcelona with lots of branches of the best Spanish shops such as Mango, Zara, Massimo Dutti and international stores like H&M or Topshop all over the city. For great quality and stylish shoes visit the Spanish brand Camper in one of their outlets. Don't miss the sales in August!

Gerona • A beautiful historic city. It is a pleasure just to wander through the medieval alleys in the old quarter. The labyrinth of narrow lanes in the old Jewish quarter known as El Call is well worth a visit. Climb the monumental Baroque steps to the magnificent Cathedral, one of Spain's most beautiful sacred buildings with the widest single Gothic arch span in the world. You can visit the bell tower for a good view of the city, and tour the superb cloisters.

Figueres • A pleasant town famous for the Museu Dalí which has a remarkable collection of his work. The museum is in a former theatre (itself a surreal work of art), next to the Torre Galatea where Dalí lived until his death in 1989. Dalí's body is entombed beneath the museum (*A).

L'Estartit and Illes Medes • This small, busy tourist coastal resort has a long, wide beach of fine sand

that gently slides into the Mediterranean. From its harbour there are frequent boat trips out to the amazing Illes Medes. L'Estartit is Spain's most popular destination for snorkellers and divers. A series of kiosks along the harbour sell tickets for various boat trips for snorkelling, diving or viewing through glass bottom boats. L'Estartit also has a range of British pubs, shops and eateries if you're missing home!

Banyoles • A lovely lake side town with a good beach and water sports facilities. The town has a 13th century arcade square and an archaeological museum (*A).

Montserrat • This spectacular site is steeped in legend. Thousands of pilgrims travel here every year to see and touch the 12th century statue of La Morenata, the Black Virgin. You can take funicular trips to the Hermitages of Saint Joan and Saint Jeronimo where a short climb will take you to the summit and a fabulous view. Before leaving, try a sip of 'aromas de Montserrat', a liqueur distilled from mountain herbs.

Besalu • A beautiful medieval town with old houses and a fortified bridge with irregularly sized arches spanning the River Fluvià. The town boasts some fine Romanesque Catalan architecture. Look out for the restored mikvah (Jewish ritual baths) in the lower part of town. Located west of Figueres on the N-260.

Tossa de Mar • This popular coastal resort, known as the "Blue Paradise" has retained much of its original character. Located north west of Lloret de Mar and south east of Palamos on the coast. French painter Marc Chagall spent the summer of 1934 in Tossa and dubbed it the 'Blue Paradise'. Perched on a hill above the modern town and surrounded by 12th Century walls, the Vila Vella (old town) is a maze of cobbled alleys and stone and whitewashed houses. Climb the lighthouse for a spectacular view of the bay

Empúries • The Graeco-Roman ruins found here make this Catalonia's most important archaeological site. At Empúries you'll find the extensive remains of a Roman city. Greek remains occupy the lower ground where temples, the town gate and several streets can easily be made out. An archaeological museum on the site displays artefacts found by the excavations (*A).

Every effort has been made to ensure the information contained within this guide, to the best of our knowledge, is both helpful and correct at time of going to press (March 2010). Canvas Holidays cannot accept responsibility for inaccuracies contained herein.

